Zeitplan **Samstag, 11.05.2019** (Stand: 06.05.19)

	M	mU20	mU18	M15	M14	F	wU20	wU18	W15	W14
12:00	Kugel 1	Kugel **1**		80mH ZL	80mH ZL					
12:10									80mH ZL	80mH ZL
12:20				Weit 1	Weit 2			100mH ZL		
12:30						100mH ZL	100mH ZL			
12:40			110mH ZL					Speer		
12:50	110mH ZL	110mH ZL								
13:00										
13:10									100m VL	
13:20	Diskus	Diskus	Diskus			Kugel 1	Kugel 1			100m VL
13:30										
13:40	Weit 1	Weit 1	Weit 2						Weit 3	
13:50				100m VL						Weit 4
14:00					100m VL					
14:10								100m VL		
14:20							100m VL			
14:30						100m VL				
14:40								Hoch 2		
14:50			100m VL							
15:00		100m VL				Hoch 1 Diskus	Hoch 1 Diskus	Diskus		
15:10	100m VL									
15:20										
15:30									100m EL A/B	
15:40										100m EL A/B
15:50	Speer	Speer	Speer	100m EL	100m EL					
16:00								100m EL A/B		
16:10				Kugel 1	Kugel 2	100m EL	100m EL			
16:20			100m EL A/B					Weit 3	Diskus	Diskus
16:30		100m EL				Weit 1	Weit **1**			
16:40	100m EL A/B									
16:50	Hoch 1	Hoch 1	Hoch 1							
17:00						800m	800m	800m		
17:10										
17:20	800m	800m	800m	Diskus	Diskus				Kugel 1	Kugel 2
17:30										
17:40				300m ZL					300mZL	
17:50						Speer	Speer			
18:00						400m ZL	400m ZL	400m ZL Kugel **1**		
18:10			Kugel **2** 400m ZL							
18:20	400m ZL	400m ZL								
18:30										
18:40									4x100m ZL	4x100m ZL
18:50						4x100m ZL	4x100m ZL	4x100m ZL		
19:00	4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL					
19:10										
19:20			3000m	3000m	3000m			3000m		
19:30										
19:40	5000m	5000m				5000m	5000m			
19:50										